

SWISS SNOWSPORTS

COARSE PROTECTION CONCEPT "SWISS SKI SCHOOLS

COVID-19 SEASON 2021/22

Status 23.01.2022

The umbrella organisation "Swiss Snowsports" provides Swiss ski schools with a rough protection concept on how the operation of a Swiss ski school can be organised as safely as possible in the winter of 2021/22.

- This rough concept does not claim to be complete; it must be adapted by the operator to the respective situation on site and supplemented where necessary.

We want to protect ourselves and prevent the business from being quarantined in the event of a COVID-19 case. The better Swiss Snowsports and the Swiss ski schools deal with the measures and inform both employees and guests accordingly and ensure that the measures are adhered to, the safer the guests as well as the employees of the Swiss ski schools.

At the time of the preparation of this protection concept, there is no obligation to obtain a certificate in the ski areas. Should the situation worsen and the number of cases increase, the FOPH reserves the right to introduce compulsory certification in ski areas. This decision is the sole responsibility of the Federal Council. In order to simplify day-to-day business during the winter season and to be prepared for the possible introduction of compulsory certification in ski resorts, Swiss Snowsports makes the following recommendations:

- The umbrella organisation Swiss Snowsports recommends the COVID-19 vaccination for snowsport instructors and employees in Swiss ski schools.
- Swiss Snowsports recommends the use of the Swiss Covid App.

The rough protection concept of Swiss Snowsports can be used by every Swiss ski school and should be adapted to the respective ski school or the own business and supplemented according to the needs.

Swiss Snowsports



SWISS SKI SCHOOL KLEINE SCHEIDEGG & INTERLAKEN

COVID-19th PROTECTION CONCEPT

WINTER 2021/22 - VERSION 7 / 23.01.2022

The Swiss Ski School Kleine Scheidegg with its branch of the Swiss Ski School Interlaken is looking forward to the coming winter season. In order for us to be able to enjoy the safest possible lessons together, the school management as well as the staff of the Swiss Ski School have comprehensively dealt with the COVID-19 situation and the measures derived from it for the winter 2021/22.

We look forward to welcoming you soon in the Jungfrau Region and wish you a great and safe snow sports experience with the Swiss Ski School Kleine Scheidegg & Interlaken.

The rough protection concept of the umbrella organisation Swiss Snowsports for CH ski schools applies.

Links for further information:

Links for further information:

- ["How to Protect Yourself"](#) with many downloads as well as the latest information from the federal government.
- ["Coronavirus"](#): Situation in Switzerland
- ["Coronavirus"](#): Frequently Asked Questions (FAQ)
- ["Coronavirus, page FOPH"](#)
- ["Coronavirus"](#) measures and prescription
- Swiss Covid App, recommended to install and activate



SwissCovid App
Download

Address & person responsible for the protection concept:

Homberger Marcel | Ski School Kleine Scheidegg & Interlaken |
<mailto:info@snowsportsscheidegg.ch> | Tel Nr: +41 791799090

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OUTPUT

The umbrella organisation "Swiss Snowsports" provides Swiss Ski Schools (SSS) with a rough protection concept that can and should be adapted to the respective operation.

INTRODUCTION

This protection concept defines the framework and conditions for Swiss ski schools. The concept is valid from 10.10.2021 and is valid until revoked or until a new version is published.

The basis for the present protection concept are the measures and guidelines adopted by the Federal Office of Public Health FOPH and the currently applicable COVID-19 ordinances according to the following [link](#).

Each Swiss ski school undertakes to adapt and implement the measures agreed in this document to its operation.

TARGETS

- The health of the employees of the Swiss ski schools as well as of the guests is a top priority for the Swiss ski schools.
- The Swiss ski schools act in solidarity and comply with the requirements of the public authorities.
- The rules of the concept are clear and comprehensible. They give the Swiss ski schools security regarding their approach.

CLARIFICATION OF THE INITIAL SITUATION

Swiss Snowsports is the umbrella organisation of Swiss ski schools, based in Belp.

Swiss Snowsports relies on the individual responsibility of the Swiss ski schools and their implementation of the protection concept for the protection of the employees as well as the guests of the Swiss ski schools for the coming winter 2021/22. The umbrella organisation is available for further information on the protection measures regarding COVID-19. The contact person is Adina Krähenbühl | adina.kraehenbuehl@snowsports.ch , +41 318104024.

COMMUNICATION OF THE PROTECTION

CONCEPT

- The rough protection concept of Swiss Snowsports is sent internally to all Swiss ski schools by e-mail in German, French and Italian.
- The rough protection concept is available for download for Swiss ski schools on the extranet on the www.snowsports.ch website.

ACCOUNTABILITY & IMPLEMENTATION ON THE GROUND

- The responsibility regarding the implementation and control of the defined measures lies with the respective Swiss ski school or the responsible person of the Swiss ski schools. Adina Krähenbühl from Swiss Snowsports adina.kraehenbuehl@snowsports.ch | +41 31 810 40 24 is available to the Swiss ski schools in an advisory capacity.
- The **communication of** the protection concept of each individual SSS is the responsibility of the respective SSS. The respective Swiss ski school is responsible for explicitly informing the participants of the mandatory requirements when they register for the course.
- The operators of the sports facilities are responsible for the corresponding framework conditions and the implementation of the protection concept of the facilities.
- In the event of a positive Corona case at a Swiss ski school, the management of the Swiss ski school concerned must be contacted immediately and the instructions of the cantonal medical service must be followed.
- The Swiss Ski School is responsible for making both participants and employees aware of the importance of being symptom-free before the start of the course or work.
- **All participants undertake to come to work or to the booked course or lessons free of symptoms and to stay away from work or lessons in case of symptoms.**
- The contact details of all guests of the SSS are kept for at least 14 days. These are used exclusively for tracing possible chains of infection.

1.0 SPECIFICATIONS FOR PROTECTION CONCEPTS

A protection concept is needed for all publicly accessible facilities and businesses that are allowed to be open.

It is still important at all times and in all places to keep your distance, wash your hands thoroughly on a regular basis, wear masks if necessary and put up partitions to prevent the spread of coronavirus.

The same requirements for protection concepts apply to all sectors. These requirements are [regulated](#) by the [Covid 19 Ordinance on Special Situation \(Art. 10 and Annex\)](#). Binding framework and model protection concepts no longer exist, but sectors and associations can make them available as an aid. Operators are still obliged to develop a protection concept and implement it accordingly. Information on protection concepts can also be found on the [SECO website](#).



In all situations: People with symptoms of disease should stay at home and get tested.

1.1 CORONAVIRUS: RULES AND RECOMMENDATIONS. STATUS JAN 19.2022

Coronavirus: Bundesrat verlängert Massnahmen 19.01.2022

Bis 31. März gilt weiterhin schweizweit:

Verschärfung Zertifikatspflicht drinnen
Kultur, Freizeit, Sport, Restaurants, Veranstaltungen

→ 2G (oder freiwillig 2G+)

Wo Maskenpflicht/Sitzpflicht bei Konsumation nicht möglich (z.B. Discos, Hallenbäder, Bars, Intensiver Sport, Blasmusik) → 2G+

Draussen: Veranstaltungen mit mehr als 300 Personen → 3G

3G Geimpfte, Genesene und Getestete 2G Geimpfte und Genesene 2G+ In den letzten 4 Monaten Geimpfte/Genesene oder Geimpfte/Genesene mit negativem Test Sitzpflicht bei Konsumation

Treffen im Freundes- und Familienkreis

10 Maximal 10 Personen, wenn mindestens eine ungeimpfte und ungenesene Person dabei ist

30 Drinnen maximal 30 Personen (2G)

50 Draussen maximal 50 Personen

Homeoffice-Pflicht bis Ende Februar
Wenn nicht möglich: Maskenpflicht, falls mehr als eine Person im Raum

Maskenpflicht an der Sekundarstufe II

In mehreren Kantonen gelten strengere Regeln

Kontakte minimieren Regelmässig lüften **Impfen lassen**

Schweizerische Eidgenossenschaft / Confederation suisse / Confederazione Svizzera / Confederaziun svizra / Swiss Confederation

Bundesrat / Conseil fédéral / Consiglio Federale / Cussegl Federal / Federal Council

1.2 TRANSPORT FACILITIES | WINTER 2021- 22???

For mountain railways etc., the national and cantonal protection regulations valid at that time apply, as well as the currently valid protection concept of the installation operator. All participants must comply with these.

As of 10.11.2021, the same measures apply to mountain railway operators as to public transport. Further information on the protection concept of Swiss cableways under this [link](#).

SBB public transport protection concept under this [link](#).

1.3 HOW IS THE CORONAVIRUS TRANSMITTED?

The coronavirus is mainly transmitted through close and prolonged contact: even brief contact with the infected person is sufficient for transmission of the novel delta variant. Basically, the longer and closer the contact, the greater the risk of infection.

Transmission by aerosols: Transmission by aerosols is possible over short distances or over longer distances. This type of transmission mainly takes place in small and poorly ventilated indoor spaces where aerosols can accumulate over a longer period of time.

Transmission through droplets: If the sick person sneezes or coughs, the viruses can get directly onto the mucous membranes of the nose, mouth or eyes of other people.

Transmission via the hands: Contagious droplets get onto the hands when coughing and sneezing. Or you touch a surface that has viruses on it. They get into your mouth, nose or eyes when you touch them.

1.4 DOCUMENTS FOR THE EMPLOYER | SECO

- [Duties of employers](#)
- [Leaflet for employers | Health protection at the workplace](#)
- [Protection from COVID-19 in the workplace - Winter is coming](#)
- [Poster "Measures against COVID-19 at the workplace](#)

1.5 POSSIBLE CANTONAL MEASURES

To be supplemented, if there are any, e.g. at macsenpflicht / mountain railways / restaurants...

2.0 INTERNAL SKI SCHOOLS / EMPLOYEES (IN PRINCIPLE)

- The hygiene regulations of the FOPH always apply
- Compulsory wearing of masks indoors: The general obligation to wear masks in indoor areas accessible to the public also applies to employees. Otherwise, there is no longer a general obligation to wear masks in the work area. **However, the employer still has the duty to protect employees and to decide where and when it is necessary to wear a mask at the workplace.**

- Distance rule:
Met1,5re
- Regularly clean hands / provide soap or disinfectant
- Regular cleaning of surfaces / contact surfaces that are touched by several employees: inside as well as guests
- Protection concepts do not have to be submitted to any authority, but must be available to the operator and adapted according to the situation. Protection concepts can be checked at the company by cantonal authorities.
- A shorter distance is permissible if suitable protective measures such as the wearing of a face mask or the installation of appropriate barriers are provided.
- Gatherings of staff that last longer than minutes15 should be avoided as far as possible.
- Masks are compulsory during lessons if the minimum distance of 1.5 metres cannot be maintained

2.1 ORGANISATION OFFICE SPACES / PUBLIC SPACES:

- Notes on the distance rules
- Masks compulsory in enclosed spaces
- Disinfectant
- Thorough cleaning of the contact surfaces (counter / Plexiglas / equipment) several times a day.
- Reduce waiting times, organise waiting rooms in front of the office, here, too, the applicable distance rules must be observed.
- Regular emptying of the waste bins

When paying for courses, we recommend that as much as possible is done via the online shop or by means of payment links, in order to keep guest congestion on the office premises to a minimum.

Increased communication via the social media channels, the homepage (FAQ/blogs), as contact with guests in the office is to be reduced to a minimum

Avoid multiple use of pens / I-pads or other contact surfaces before they have been disinfected.

2.2 ORGANISATION OF EMPLOYEES: INSIDE THE SCHOOLS:

In the context of the coronavirus, this means: Employers must ensure that workers can comply with the recommendations concerning hygiene and distance. If the recommended distance cannot be maintained, measures must be taken according to the "STOP principle" (substitution, technical measures, organisational measures, personal protective equipment) that is common in the workplace. Examples include working in a home office, physically separating workplaces or wearing face masks.

Formal visible protection concepts are not necessary, however, if the operation or parts of it are not publicly accessible.



In all situations: Snow sports instructors: inside with symptoms of illness should stay at home and get tested!

We strongly recommend that the Contact Tracing App is installed for all employees.

Kleine Scheidegg & Interlaken Ski School recommends vaccination for employees

221 1 EMPLOYEES: DIVIDE THE INSIDE OF SWISS SKI SCHOOLS INTO TEAMS

In the event of a positive case in the ski school, a more widespread transmission can be prevented by handling the employees in small teams. It is essential to prevent many employees from having to be quarantined in the event of a positive case, which would affect operations and day-to-day business.

The possible transmissions of the Corona virus described in point 1.3 must be considered and contacts must be minimised to the minimum necessary.

222 2 INTERNAL R SKI SCHOOLS REPORT / FURTHER EDUCATION

Large gatherings of workers indoors must be avoided and circumvented. If it is not possible to do otherwise, **make masks compulsory for the reports. This should be done in all enclosed indoor spaces or training courses where the minimum distance cannot be maintained.**

Possible implementation example for a weekly report:

- Reduce the physical number of participants to a necessary minimum Only the site manager or the Swiss Snow League manager should pass on the information flow at the assembly point to the employees through the respective head teacher.
- Hold meetings via online tool (e.g. Zoom / WhatsApp groups / Teams / Skype)

Possible examples of internal training

- Working in small groups
- Information from the head of the ski school: in or the technical management: Whenever possible, the information should take place outside, information/internal training in closed rooms should be avoided as far as possible.

223 3 EMPLOYEE LOUNGES / CLOAKROOMS

Compulsory wearing of masks indoors: The general obligation to wear masks in indoor areas accessible to the public also applies to employees. Otherwise, there is no longer a general obligation to wear masks in the work area. However, the employer still has the duty to protect workers and to decide where and when it is necessary to wear a mask at the workplace.

It is desirable and in the interest of the entire ski school that accumulations of employees are avoided as far as possible and that the time spent in the internal indoor areas is kept to a minimum.

- Masks are to be provided by the employer (may alternatively be sold).
- Disinfectant or soap for thorough hand washing should be provided
- The sharing of crockery and cutlery should be avoided.
- the staff toilets: inside should be cleaned regularly
- repeated cleaning of the contact surfaces in the ski school premises
- Length of stay of employees: indoors should be kept to a necessary minimum
- Employees and other persons shall keep a distance of 1.5 metres from each other. The risk of infection should be minimised as far as possible by shortening the duration of contact and/or observing appropriate protective measures.

224 4 COMPULSORY WEARING OF MASKS WHEN DEALING WITH GUESTS

- Snowsport instructors should wear a mask when dealing with guests if the minimum distance cannot be maintained.

3.0 GUESTS

Guests are responsible for paying and implementing the current federal and cantonal measures up to the start of the lessons, including the assembly point, or up to the ski school office.

Information about the current rules of conduct and hygiene can be proactively attached to the e-mail with the booking confirmations. The current flyers of the FOPH can be downloaded here:

[current flyers of the FOPH](#)

It is generally recommended not to mix the guest segments (various children's classes of the Swiss Snow League, adult lessons, private lessons) if possible and to avoid overlapping contacts. This applies to the assembly point, as well as to closed rooms and while queuing at the cable cars.

All our guests are equipped with a mask, which is also part of snow sports in winter 2021/22. Because sooner or later, the snow sports instructors will use the transport facilities with the guests.

The snow sports school shall document the lessons with the following details of the guest: first name and surname, as well as telephone number. The name and first name of the snow sports instructor, as well as the date and place of the lesson and any special incidents must also be recorded. The contact details of all participants must be kept for the purpose of tracing possible chains of infection. This data must be kept until days 14 after the lesson.

3.1 SWISS COVID CERTIFICATE

Guests arriving in Switzerland can apply for a Swiss certificate. Further details can be found under this link: <https://www.covidcertificate-form.admin.ch/foreign>

3.2 GATHERING PLACE & GROUPS

It is very important that even more space is planned for this than in previous years. It is recommended to divide the guests into smaller groups (Swiss Snow League / Swiss Snow Academy) according to the demand and to determine a separate meeting place / time for them.

Assembly point:

- Separation of the various groups of the Swiss Snow League / Academy
- Plan the assembly point outside with enough distance to the other groups.
- Reference to the rules of conduct on site at the assembly point
- Accumulations are to be avoided as far as possible
- Masks are also compulsory outdoors if the distance rule is not observed.
- In-class shifting to the transport systems
- In the case of a mixed queue/gathering, a mask should already be worn. The mask can be removed at a later stage when the groups are on the slopes.

Groups:

- Keep divisions lean, prevent or minimise waiting times or joint driving. If possible under min10.
- If possible, after the second day, no more reclassification among the groups/classes. This simplifies contact tracing

3.3 SKIRENS

Avoid long waiting times in the start and finish area. If possible, run the race only within the group, without prolonged contact with other groups.

3.4 RANK ANNOUNCEMENT SKI RACE

- to carry out the ranking ceremonies within the classes

3.5 BREAKS DURING LESSONS

The Gastro Suisse protection concept applies in the restaurant. ["link"](#)

3.5.1 BREAKS / CHILDREN'S CLASSES

- Enjoying the break / drinks in the classes in a staggered manner
- individually in the classes at the edge of the piste
- Define different break locations in the ski school.
- Ensure hygiene with regard to crockery/cutlery; no interchange of cups (possibly disposable cups).
- Choose break games in such a way that the distance recommendations can be adhered to

3.6 GUESTS & USE OF THE TRANSPORT FACILITIES

The general guidelines of [Ropeways Switzerland](#) apply. As of 10.11.2021, the same measures apply as in Swiss public transport.

Basically:

- For longer journeys over 15 minutes, if possible do not mix the groups of guests.
- Sufficient distance when queuing is desirable

3.7 PRIVATE GUESTS

- sufficient distance at the assembly point
- Avoid prolonged contact (15min) with other private guests of the ski school.
- Mask obligation if the minimum distance cannot be maintained

3.9 EVENTS

Ski school events can and should be held. The current regulations for the organisation of events apply. These are to be checked and implemented by the ski school.

Link: <https://www.bag.admin.ch/bag/de/home/krankheiten/ausbrueche-epidemien-pandemien/aktuelle-ausbrueche-epidemien/novel-cov/massnahmen-des-bundes.html#-1631444171>

- The ski school keeps a complete list of the participants: inside with first & last name / telephone number and place of residence.
- The rules of conduct of the federation are observed

4.0 PROTECTION CONCEPTS REGION / TOURIST DESTINATION



COVID-19 Empfehlungen für Skischulen

Eigen- und Sozialverantwortung: Halte dich an die Bundes- und Kantonalmassnahmen.

SWISS  SNOWSPORTS

- » Maskentragpflicht in öffentlich zugänglichen Innenräumen und wo Abstand nicht möglich ist.
- » Die Gäste sind über die Skischulsammelplatz-Modalitäten informiert.
- » Sammelplätze sollen klar definiert und entsprechend markiert werden.
- » Kids Village: Definiere die Zuschauerzone.
- » Vermeide während dem Unterricht Gruppenmischungen. Gestaffelte Pausen- / Mittagsverpflegung.
- » Prüfe, ob während den ausgewählten Unterrichtsformen der 1,5 Meter Abstand eingehalten wird.
- » Rennen: Mache eine Pause zwischen den Kategorien, damit die Zuschauer das Ziel verlassen können, dasselbe gilt für Preisverleihungen.
- » Schneesportlehrpersonen sollen mindestens 2-3 Schutzmasken und Desinfektionsmittel bei sich haben.
- » Für Personen ab 16 Jahren gilt in Innenräumen Zertifikatspflicht



- » Die Besucherströme sollen insbesondere mit den Bergbahnen, aber auch mit den ÖV-Transportanlagen definiert werden.
- » Halte dich an die Schutzmassnahmen der Bergbahnen.

